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Harumi Ikei received a Master's degree in Agriculture from Chiba University, Japan, in 2015. Presently, she is a Researcher at the Department of Wood Engineering, Forestry and Forest Products Research Institute, and a Doctoral student at the Graduate School of Horticulture, Chiba University. She was a recipient of the Research Encouragement Presentation Award of the Japan Society of Physiological Anthropology Association (Kanto Tournament) in 2011. Her research works were recognized with the Best Presentation Award of the 68th Annual Meeting of the Japan Society of Physiological Anthropological in 2013, the President's Award for Excellent Academic

Achievement of Chiba University in 2015, and the Special Award for Young Scientists (aged under 35 years) at the Science Academy of Tsukuba Technology Showcase in 2016. Her research theme is "nature therapy", which aims to elucidate the effects of physiological relaxation using nature-derived stimulation, such as wooden materials and flowers. Ms. Ikei has published more than 40 papers, archived in the PubMed/SCOPUS/Springer databases.